



Stem cell procedure helps to better one patient's life

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Bob Grinstead has traveled six months out of the last year. He can clean the pool. He can do what he wants. His wife calls that a miracle.

Barbara Grinstead, wife, "You reach over at night, if he gets quiet. And you aren't sure he's gonna be alive to be there for you."

A year ago, Bob had literally given up on life. "I had basically decided that I was gonna come out here and sit and read... You know, until I died....so ah...."

He had four heart attacks, he couldn't raise his arms above his head and needed to sit to take a shower.

Bob's daughter Darla McKenzie says, "He was dying, and it was painful to watch."

Then he made a life or death gamble with a whole lot of money. "When you put out \$39,000 in advance before you leave here, you hope that it's not a scam."

He heard about a stem cell procedure in Bangkok, but what grabbed his attention was that it used his own stem cells.

Bob's blood was drawn, sent to Israel where his stem cells were multiplied, then injected back into the worst parts of his heart.

Bob says that, "It's basically changed my life because I can do what I want to do."

Doctors say it caused small veins to grow so more blood can flow to the heart. "I'm still lazy. I don't like to exercise. I just do what I have to do. And... But I can. And that's the good part."

Adult stem cells are especially effective around the heart.

